

Theorem. We have

$$\Delta n^{\underline{m}} = m \, n^{\underline{m-1}}.$$

Proof. By definition,

$$\begin{aligned}\Delta n^{\underline{m}} &= (n+1)\cancel{n} \cdots (n-m+2) \\&\quad - \cancel{n} \cdots (n-m+2)(n-m+1) \\&= m\cancel{n} \cdots (n-m+2)\end{aligned}$$